

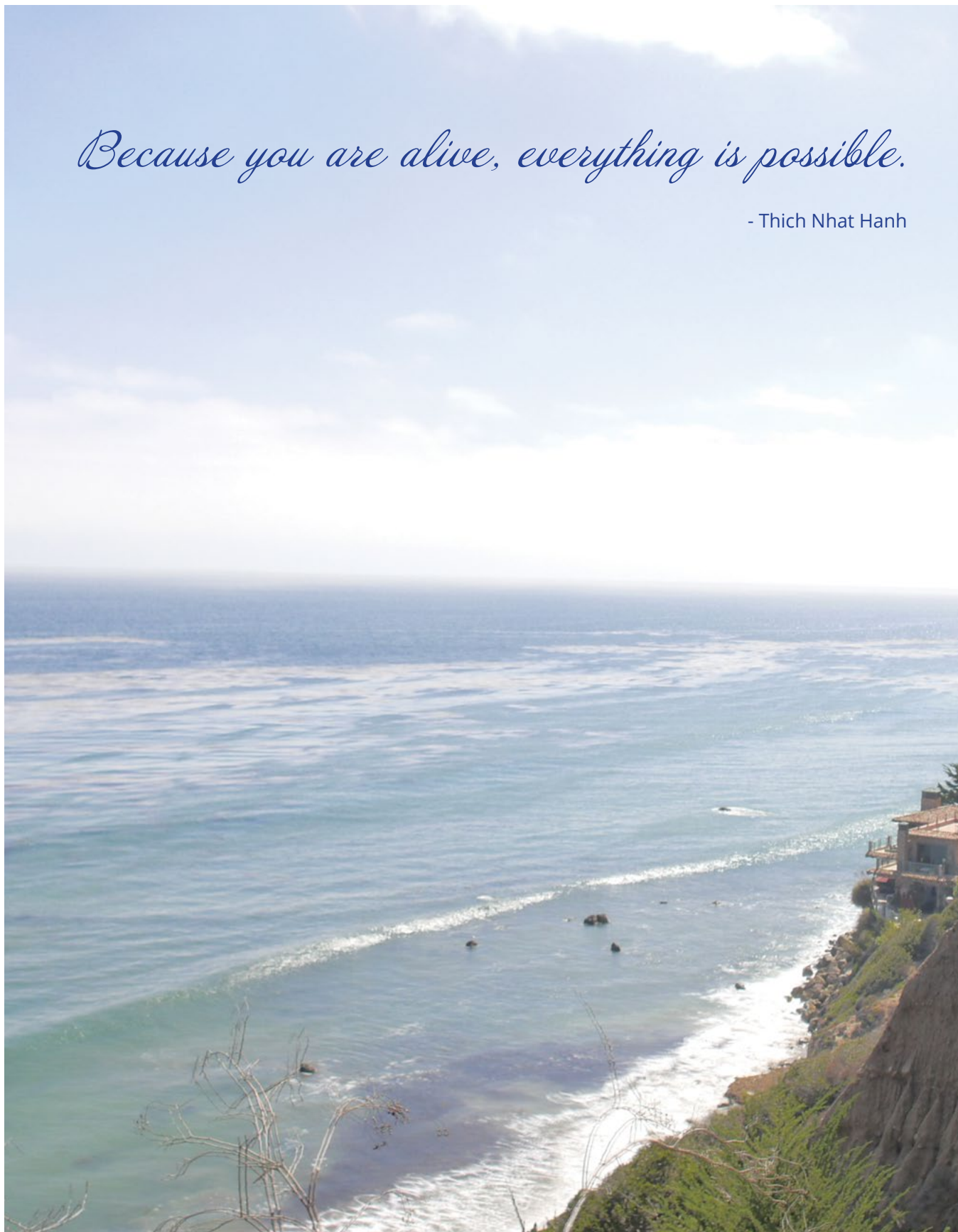


AVALON MALIBU

Trusted Treatment. Trusted Results.

Because you are alive, everything is possible.

- Thich Nhat Hanh





Welcome to Avalon Malibu


Step through our doors to your freedom. Peel away the fear and negativity that obscures the light of your true self and place your journey to recovery in our capable hands.

We are the best mental health treatment center and drug rehab in Malibu. Using integrative therapies focused on experiences and mindfulness, we treat:

- Depression
- Anxiety
- Post-Traumatic Stress Disorders
- Bipolar Disorders
- Panic Disorders
- Personality Disorders
- Trauma Disorders
- Substance Abuse/Dependence
- Schizophrenia

Call now for a confidential assessment.

1 (888) 958-7511



*"Avalon took my self-worth and
future plans to the moon. I truly
feel like I can do anything I set
my mind to."*

- JH



The Grand House: Residential Mental Health Treatment

Men and women struggling with psychiatric disorders and mental health issues will find solace and healing at the Grand House.



The Grand House: Front Elevation



The Grand House: Pool View



The Grand House: Shared Room



The Grand House: Sitting Room

The Grand House: Residential Mental Health Treatment

You will receive a full assessment and evaluation with a psychiatrist, internal medicine/addiction certified physician, licensed therapists, fitness and nutritional specialists, with a full-time nursing staff onsite. Our licensed and dedicated staff of mental health professionals incorporate numerous modalities to create a comprehensive individualized treatment plan over time.

- Manage stress
- Identify triggers
- Evaluate behaviors
- Increase distress tolerance
- Regulate emotions
- Renewed sense of well-being
- Medication stabilization



The Grand House is fully licensed as a mental health treatment center by the Department of Social Services, certified by the Department of Health Care Services and accredited by The Joint Commission.

Call now to schedule a tour.
1 (888) 958-7511

PPO & POS Insurances Accepted



The Cottage House: Substance Abuse Treatment

The Cottage House promotes addiction healing in a peaceful setting where clients can feel total relaxation and focus on their bodies and minds.

*"I feel like I had a healthy family
for the first time in my life."*

– EB



The Cottage House: Substance Abuse Treatment

Our personalized treatment plans include:

- Nonmedical Sub-Acute Detox
- Individual and Group Therapy
- Psychoeducation
- Family-Integrated Therapy
- 12-Step Approach (optional)
- Holistic Treatment

We treat alcoholism and addiction to cocaine, prescription opiates, heroin and several other substances.



The Cottage House is licensed and certified by the California Department of Alcohol and Drug Programs and is JCAHO accredited.

Call now to schedule a tour.
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PPO & POS Insurances Accepted



The Cottage House: Beach



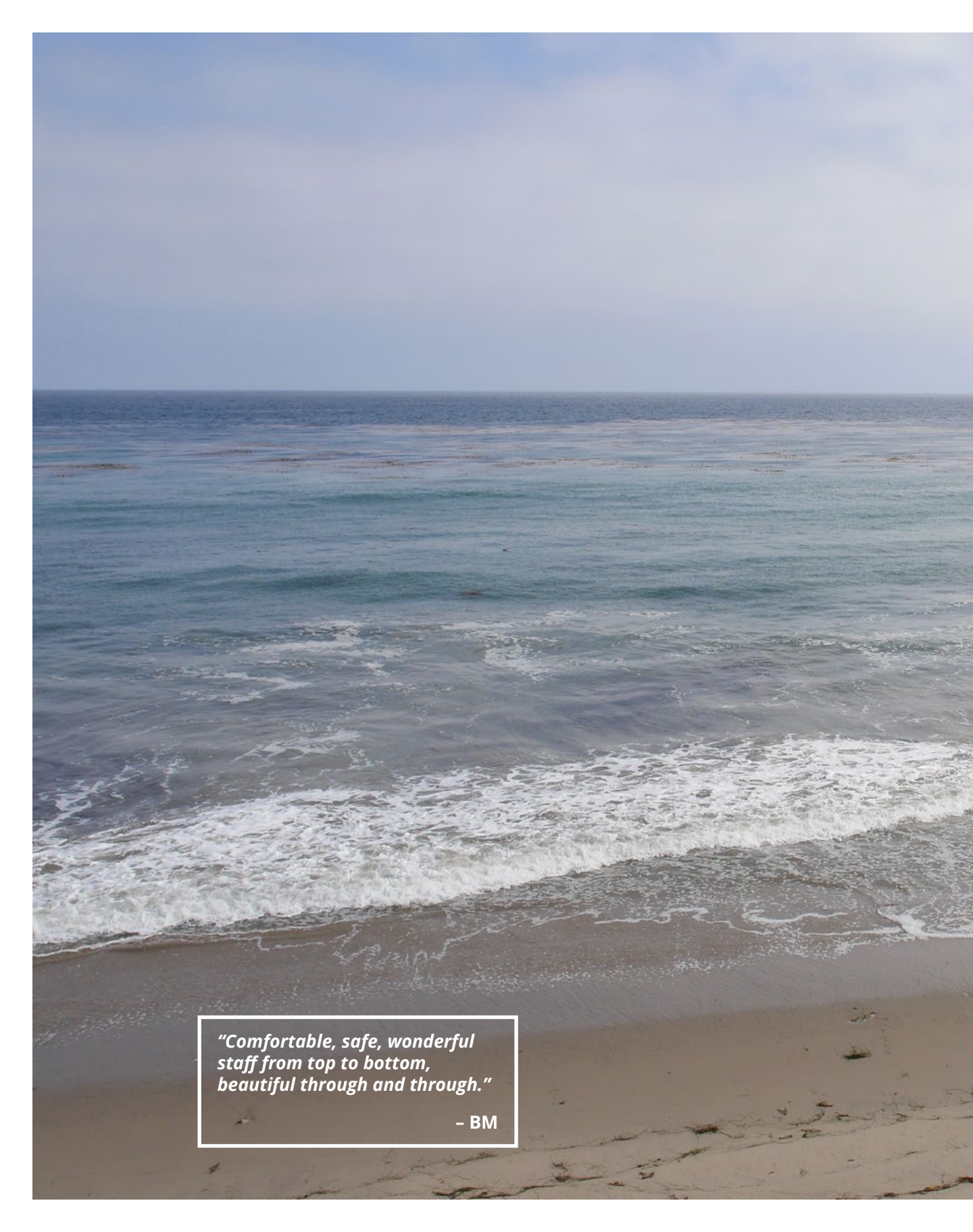
The Cottage House: Staircase



The Cottage House: Front Elevation



The Cottage House: Private Room

A wide-angle photograph of a beach. The foreground shows wet sand with some seaweed. The middle ground features waves with white foam crashing onto the shore. The background shows the ocean extending to the horizon under a pale, overcast sky.

*"Comfortable, safe, wonderful
staff from top to bottom,
beautiful through and through."*

- BM



Malibu Integrative: Intensive Outpatient Program

Malibu Integrative is a flexible alternative for emotionally or chemically dependent individuals 18 years or older who need intensive, ongoing treatment—but not full-time inpatient care.





Malibu Integrative: Outdoor Staircase



Malibu Integrative: Sitting Area



Malibu Integrative: Outside Deck

Malibu Integrative: Intensive Outpatient Program

Benefits:

- Convenient
- Cost-effective
- Ongoing support
- Treats both substance abuse and mental health
- Beautiful location on Zuma Beach
- 4 different tracks with flexible scheduling, 9:00am to 6:00pm Monday through Friday
- Transportation provided when necessary




Malibu Integrative is JCAHO accredited.

Call now to schedule a tour.
1 (888) 958-7511

PPO & POS Insurances Accepted





*Come, whoever you are... even if you
have broken your vow a hundred times.*

Come.

- Rumi

Why We're Different

At Avalon Malibu, we integrate healing philosophies focused on the mind, body and spirit to create a realistic plan for long-term recovery.

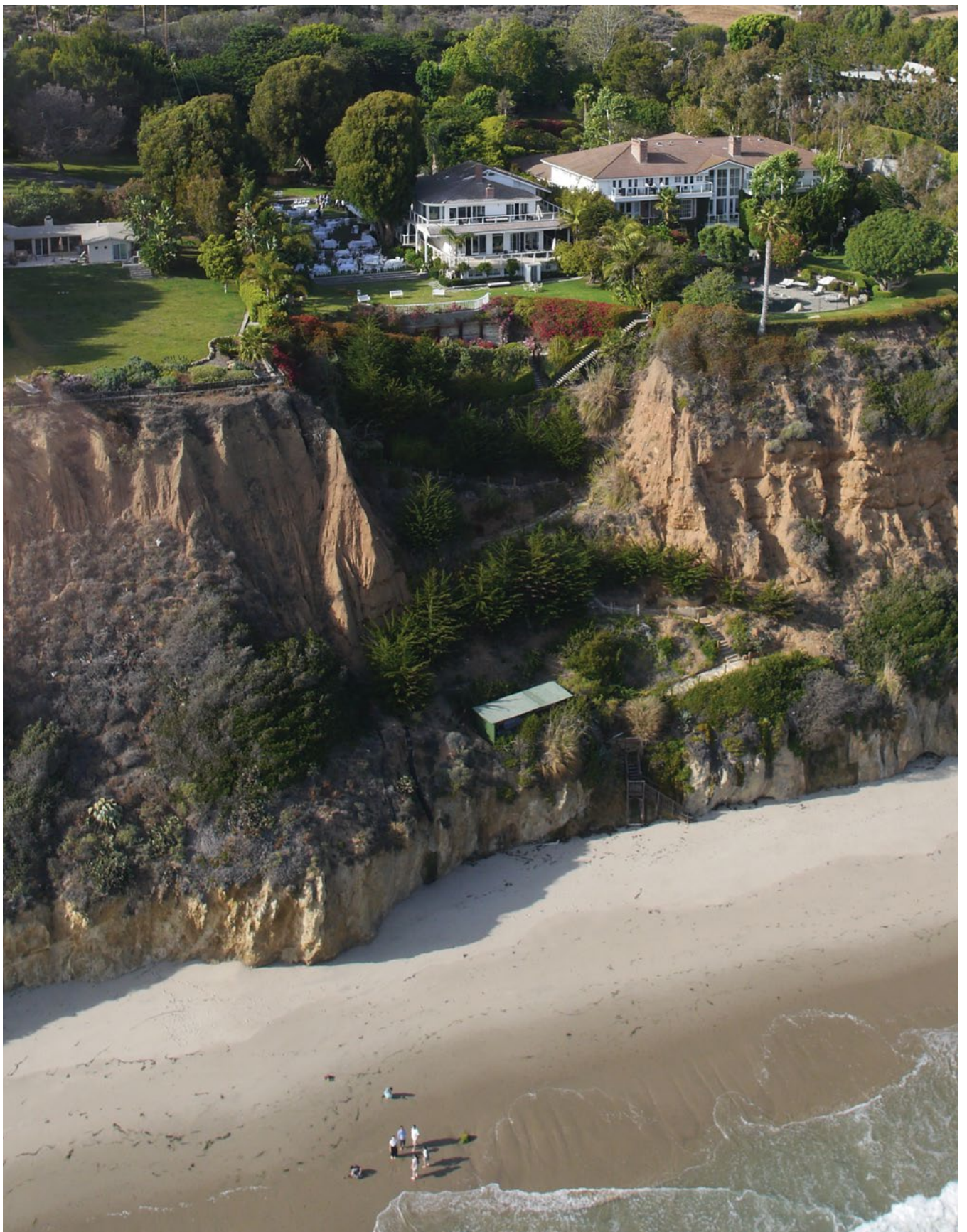
We offer a 2:1 staff-to-client ratio with 4 comprehensive levels of care and exceptional client success rates.

Our carefully chosen ancillary psychological and therapeutic modalities restore health & healing.

- One-on-one Psychotherapy
- Cognitive Behavioral Therapy
- Dialectical Behavioral Therapy
- Eye Movement Desensitization and Reprocessing
- MMPI Testing
- Neurological Psychological (Neuropsych) Testing
- Psychiatrist Evaluated Genetic Testing (in relation to medications)
- Neurofeedback
- Nutritional Assessment
- Massage
- Acupuncture
- Physical Fitness
- Yoga

Call now for a confidential assessment.

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AVALON MALIBU

Your recovery begins when you pick up the phone.

Call us now at

1 (888) 958-7511

avalonmalibu.com